

What To Do When You're Feeling Blue

Lyrics and Music by Joe and Jack McLean

Everyone's got a thing they do
that picks them up when they're feeling blue.
I like to sing a song or two.
What do you say, how about you?

Verse 1:

You can give a hug to your friend
or tell your parents you love them.
Go outside and greet the sun
or cuddle up with a loved one.
Tell a story full of jokes
or take a nap under a giant oak.
Play with all your awesome toys
or share with a friend and bring some joy.

Chorus:

Everyone's got a thing they do
that picks them up when they're feeling blue.
I like to sing a song or two.
What do you say, how about you?

Everyone's got a thing they do
that picks them up when they're feeling blue.
I also like to play the kazoo
here's a little bit of that just for you.

Verse 2:

You can go on a trip to a far off place
or imagine you're an astronaut in outer space.
Read a book with lots of words
or go outside and listen to the birds.
Hang in the park with your family
or pet a cute little puppy.
Splash around in a swimming pool
or hang with Grandpa because he's real cool.

Chorus:

Everyone's got a thing they do
that picks them up when they're feeling blue.
I like to sing a song or two.
What do you say, how about you?

Everyone's got a thing they do
that picks them up when they're feeling blue.
I also like to play the kazoo
here's a little more of that just for you.

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